

**NORTHWESTERN UNIVERSITY: DEPARTMENT OF RADIOLOGY**

**CENTER FOR TRANSLATIONAL IMAGING (CTI)**

Subject Discharge Instructions: Extravasation of Contrast Media

Subject Name: \_\_\_\_\_

Study Name: \_\_\_\_\_

Today you were evaluated by Dr./R.N. \_\_\_\_\_

During your study today, you received an IV (into the vein) injection of contrast. This contrast fluid has leaked into the tissue causing pain and swelling. This is called “extravasation.” The swelling and pain usually will go away in 6-12hrs: however, it may take many hours or even days before symptoms totally go away.

**After discharge from CTI, it is important to do the following:**

- Rest and elevate the affected limb \_\_\_\_\_
- Apply ice packs to affected area for 15-60 minutes 3-4 times a day. Continue this for 1-3 days or until symptoms resolve. Do not apply the ice pack directly on the skin: a small towel may be used to cover the ice pack. This treatment will help limit the swelling and discomfort.
- If you have pain the following medication as directed: \_\_\_\_\_
- It is important to see your doctor or go to the emergency room (ER) if the following occur:
  - Increased difficulty in moving the affected limb
  - Skin changes such as blistering, or numbness/tingling of the limb
  - Increased pain
- Other instructions:

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Instructions reviewed with subject by:

\_\_\_\_\_  
Physician’s Signature

\_\_\_\_\_  
Nurse Signature

I have read and understand the discharge instructions, and consent to a follow-up call at:

\_\_\_\_\_  
Subject’s signature

\_\_\_\_\_  
date

\_\_\_\_\_  
daytime phone number

Date follow-up completed: \_\_\_\_\_

By: \_\_\_\_\_

Details: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_